

ABSTRACT

Introduction: Chronic kidney failure can have positive and negative implications as a Posttraumatic Growth and psychological problems include self-concept, impairing the ability to function according to normal capacities and impeding the patient's quality of life. The research objective was to analyze the effect and deverent used of spiritual-based reiki therapy (prayer) on posttraumatic growth (PTG), quality of life and self-concept. **Methods:** Quasy-Experimental design with pre-posttest control group design and this research was conducted by a research assistant. The population was all chronic kidney failure patients undergoing hemodialysis. The sample was 40 respondents, divided into 20 interventions and 20 controls. The sampling technique is purposive sampling. The intervention group was given spiritual-based reiki therapy (prayer) for 45 to 75 minutes for 8-12 meetings (each meeting there were 3 sessions) carried out for 2 weeks and the control group was given intervention based on hospital standards. The analysis used Wilcoxon Signed Ranks Test The analysis used Wilcoxon Signed Ranks Test and analysis deverent used Mann Whitney. **Results & Analysis:** The results showed that the intervention group after being given spiritual-based reiki therapy (Prayer) showed that Posttraumatic Growth (PTG) had a significant effect on $p=0.000$. The quality of life had a significant effect on $p=0.000$. The self-concept has a significant effect on $P=0.005$. The results showed that the control group after being given that Posttraumatic Growth (PTG) had a significant effect on $p=0.025$. The quality of life had a no significant effect on $p= 0.119$. The self-concept has a no significant effect on $P= 0.317$. **Conclusion:** between Posttraumatic Growth (PTG) intervention - control there was a difference of $p = 0,000$. Between the Quality of life intervention - control there is a defference of $p = 0,014$. Berween Self – Concept intervention - control there is no defference $p =0,058$. **Discussion:** Spiritual-based reiki therapy (prayer) is very effective in reducing Posttraumatic Growth (PTG), can improve the quality of life and a positive self-concept.

Keywords: Spiritual-based reiki therapy (Prayer), Hemodialysis chronic kidney failure, Posttraumatic Growth (PTG), Quality of life and self-concept.