

## WHO PERFORMS BETTER IN ESSAY WRITING, INTROVERTS OR EXTROVERTS? A CASE STUDY OF 3RD SEMESTER EFL STUDENTS

By

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This research will investigate whether there are any significant differences between Introvert and Extrovert students on their Essay Writing performance. The object of this research will be the 3rd semester of EFL students in a private university in Surabaya academic year 2019-2020. This study will use ex post facto design with quantitative approach. For the data collection, this research will use questionnaire and documentations as the instruments. The students are all will have Writing III as the subject on that semester, totally 22 students will be the sample. This research also discuss the factors related such as what are the things influence this two types of personality in writing an Essay.

**Keywords: Introvert, Extrovert & EFL Students.** 

#### INTRODUCTION

There are EFL students out there that still have a great difficulty in Essay writing, it causes that students different in their performance levels; they receive and process information differently; there is a difference in their personality type and so is their understanding (Nazlia, 2015). In this research, the researchers focus in the difference of students personality type such as Introvert and extrovert.

Extrovert and introvert are typically viewed as single continuum. Thus, when someone to be high on one important to be low on the other. Burrus and Liza Kaenzing (1999) describe extensively the differences between extrovert and introvert by stating that extroverts are people that enjoy and need social gathering, engage in friendship with many people, quick responses, try to avoid solitude and do not like being alone, while introvert are usually taciturn, do not interest in participating in social gathering, prefer to do something in alone, more think and concentrate before doing something or talking (Wulandari, 2018).

There were some previous study related to this research, most of them talk about speaking and the performance of both this two type personality on that. A newest study was

done by Mohammad Reza Khodareza and Marzie Taheri (2015). The result of this study show that there is a light amount of different between extroverts and introverts in being benefitted from audio-visual aids but the different isn't that prominent. The study also showed that the extroverts are generally better at speaking than introvert, but there again the differences isn't noteworthy. Second, the study was done by Marzieh Souzandehfar, Seyyed Mohammad Ali Soozandehfar, Mitra Farsi and Maryam Sharif (2014). The results of the study there is no significant difference between the performance of the extroverted and introverted groups on IELTS speaking module (Wulandari, 2018).

Essay writing for an assignment reflectively for the purposes of an assignment should not involve merely describing something that happened. Nor does it mean pouring out everything you think and feel in a totally unstructured way. Essay writing requires a clear line of thought, use of evidence or examples to illustrate your reflections and an analytical approach. You are aiming to strike a balance between your personal perspective, and the requirements of good academic practice and rigorous thinking. This means developing a perspective, or line of reasoning demonstrating



that you are well informed, have read relevant literature and reflected on its relevance to your own development showing that you recognize that situations are rarely simple and clear-cut writing about the link between your experiences/practice and your reading writing in an appropriate style.

Thus it is interesting to know which one for those two personalities perform better in Essay writing.

Dorney (2005) explained that "Both extroversion and introversion may have positive features depending on the particular task in question." He stated that in both L1 and L2 the extrovert are more fluent and particularly in formal situation, while introvert are more interested in activities such as reading, writing and drawing than activities which require them to act in outgoing way (Marashi and Dibah, 2013).

The research conducted by Wulandari (2017) concluded that both extrovert and introvert students have their own unique learning style or strategy. This unique learning style or strategy play important role in students success in acquiring second or foreign language. (Wulandari, 2017) this is the reason why the researcher have a willingness to conduct a research entitled Who Performs Better in Essay Writing, Introverts or Extroverts? A Case Study of 3rd Semester EFL Students.

In this paper, the researcher used the term Extrovert which also has the same meaning to the word Extraverts. Kourand Sharma(2013, p. 1670) talk about Extroverts tend to appreciate human intuitive and tend to be excited, garrulous, self-assured, gregarious. Alavinia and Hassanlou(2014, p. 168) consider extraverts are friendly, like parties, have numerous companions and require fervor; they look for sensation and take a parcel of dangers, like commonsense jokes and are enthusiastic and don't like to be inactive. Based on Khorshidi(2013, p. 36) outgoing individuals tend to utilize dialect and are not perplexed to form botches and are not effectively irritated in case individuals snicker at them for their botches and show up to be loose and certain. (Azzzuhria, 2017)

Different from Extroverts, people who has an introvert personality incline toward open intuitive with less individuals. Leung (2015, p. 17) states that self observers spend more time in their possess minds. Self observers are pulled back and frequently modest, and they tend to center on themselves, on their claim considerations and sentiments (Schultz & Schultz, 2009, p. 106). Rothmann and Coetzer (2003, p. 69) contemplative people are saved instead of unpleasant, free instead of devotees, even-paced instead of drowsy. At that point, Khorshidi(2013, p. 32) educates that self observers areoriented to the internal world i.e. they are persuaded from "inside" and they are situated towards the internal world of thoughts, symbolism, and reflection. Thoughtful people get their vitality from inside instead of from the exterior world. These individuals tend to be free in choice from conditions, culture, individuals and things around them. (Azzzuhria, 2017)

Writing helps people to share their ideas, emotions and feelings. Writing also helps them to foster the sense of ownership. Thus, from this definition it is inferred that writing is the process of understanding of the world and how someone shows about feeling and thought into words and it needs amazing thinking in order to communicate, to convey his/her ideas such as opinion to others. (Azzzuhria, 2017)

Within the setting of the relationship between identity sorts and composing, Zainuddin (2016, p. 163) asserts that there might be a relationship between the identity sort of a understudy and their composing competence and execution. A diverse identity sort might show totally different comes about for composing competence. In expansion, numerous concur with Eysenck and Eysenck (1985) who assume that an outgoing person acts more rapidly but less accurately in compound cognitive errands such as composing, whereas self observers are slower but more exact. (Azzzuhria, 2017)



Within the terms of identity sorts and accomplishment, composing extraversionintroversion identity emphatically can contribute in students' composing accomplishment. Based on Schultz and Schultz (2009, p. 3), identity impacted human accomplishment such as desires for long haul. Identity as one of the components influenced students' accomplishment (Erton, 2010, p. 115) and personality can be anothervariable that intervenes the relationship with academic accomplishment (Steinmayr, Dinger,&Spinath, 2010, p. 536). Then, it is additionally affected their composing accomplishment (Revola, 2016, p. 2). In this manner, identity sorts (extraversion and introversion)related to composing may contribute in students' composing achievement. . (Azzzuhria, 2017)

#### **METHOD**

The instruments of this research were Questionnaire and documentation of students' writing. A questionnaire used in this research was to measure the students' personality. The most commonly used method for personality trait measurement is conducting a questionnaire (Larsen and Buss, 2002). The questionnaire used in this research was adapted from Eysenck Personality Questionnaire (EPQ).

One of the most well-known and widely used tools for personality measurement in research and clinical settings alike is the Eysenck Personality Questionnaire (EPQ) developed by Hans J. Eysenck (Furnham et al. 2008). There have also been extensive multicultural studies to test whether the EPQ factors are replicable in other countries and ethnicities. All in all, 34 countries were involved in these studies conducted during 1985-1998 with the conclusion that the data can be replicated with data from all the countries (Valmari, 2014)

#### FINDING AND DISCUSSION

Based on the documentation of students' writing and also questionaire related to the type of personalities, here are the findings of this research.

### The Introvert Writes Chronologically

The introvert in their chance to write essay writing, successfully write the entire situation in a chronological order. It is literally easier for the reader to understand the message they want to share from the essay writing.

"There was someone born at the turn of the century. He used to live with his mother and father and his mother's father and mother and his adopted sister in a crowded flat in New York. Apart from the five brothers namely Chico, Harpo, Groucho, Gummo and Zeppo. His mother is amazing. Many bad relationships ......"

Thus the sentence used is a kind of effective sentence where they tend to avoid wordy paragraph.

# The Introvert Expresses Themselves through Writing

Introvert reflects quiet, like calm, work alone, but imaginative are factors that according to the author that writing is a suitable means for introverts to express what is on their mind. The ability to see and understand the environment around them, to catch a conclusion they can put in a writing

"I am very angry with someone if I am hurted over and over again without such a big mistake. I have a trait that usually makes other people feel uncomfort which is to have a very quiet nature and try others. I myself am very obsessed with someone who has high knowledge and is humble, I wish I...."

In general, introverted socializing is difficult to express something that is often not conveyed well. Therefore writing is a medium that introverts can use in compiling their ideas so that others can understand them.

#### The Introvert Writes in Detail

Unlike extroverts, introverts have aloof personalities, are more comfortable talking in 4 eyes because they are shy and tend to be led in a group. Then there is the ambivert personality, where the personality is owned by people who are slightly introverted and extroverted. Even though they have a distinctive personality, introverts are not very



superior in the criteria for finding prospective employees of a company.

"He and his family live in a crowded flat in new York, our house is visited day and night by many visitors who want to meet his mother because hismother is already used to advise one's love life, work and solve some problems. and hisfather was a tailor in new York, he could measure someone just by looking at him withoutusing any measuring tools or any help. And when he was 12 years old he fell in love with abeautiful young girl, beautiful brown hair and perfect teeth she ......"

Disliking crowds, working individually, preferring silence rather than expressing opinions in public are things that the company does not need in selecting employee needs. Even so, introverts also have a positive side in the social environment. Although quiet, introverts are people who care and pay attention to their surroundings in detail. This habit are appeared also in their writing.

## **The Extrovert Tends to Writes Shortly**

People with extrovert personality types are more likely to direct themselves to their surroundings, and are generally friendly, like parties, have lots of friends, need other people to talk to, don't like reading or studying alone, like humor, always ready to answer, enjoy change and relax. Individuals who have extroverted personality types also prefer to keep moving and doing things than barns who are silent, are more aggressive, irritable and sometimes they are not people to be trusted. Unfortunately it is really different from their writing which is relatively brief. (Syahid, 2014)

"There was a man that lived in a crowded flat in New York. He has five brothers, named: Chico, Harpo, Groucho, Gummo, Zeppo. There was his parents and an adopted sister. Their family & visitors would always come to see his mother who always gave them.

an advice about their love lives and stay out of trouble. His father was a tailor; the worst tailor; he said. Who thougts he could measure a man by just looking at him." From the example of students's writing above it can be clearly seen that extroverts tend to write an explanation in a simpler way.

## **The Extrovert Write Expressively**

The extrovert personality type have more expressive characteristics in conveying every emotion they feel, so that it makes it easier for people with the extrovert type to express every emotion they feel by establishing communication. Jung also explained that basically individuals with introverted personality types tend to prefer activities that do not involve the people around them and give more self-centered attention (Widiantari & Herdiyanto, 2013).

"But I can be a quiet person by meeting unfamiliar people. So many do not think that I can be that cheerful when compared to when I first met. But another thing I am a person who is easily confused with feelings or can be interpreted as badmood. Sometimes until I can't figure out how I am. I like crowds and I really like lots of friends. Because when......"

It can be concluded that students who have an extrovert personality type will be happier to interact with other students than students who have an introvert personality type. This means that regular extrovert students have a greater opportunity to interact with students with disabilities because extrovert personalities like to be involved with the people around them. Meanwhile, regular introverted students have less opportunities to interact with students with disabilities because they have a tendency to focus on themselves and do not like to be involved with those around them.

In spite of the fact that extrovert were accepted to be great at communicating themselves through talking, the discoveries of this think about uncovered that they were not as effective as thoughtful people in composing. (Boroujeni, 2015)

Having information of learners' identity sorts empowers composing instructors to alter their desires with writers' capacities. For occasion, realizing that outgoing individuals are not able for composing causes instructors to



diminish their desires and influences the scores they allot to understudies. Being educated of learners' identity sorts, instructors are able to select fitting composing prompts. As Callahan (2000) recommends, outgoing people appear intrigued in considering almost the outside world and their encounters, though, self observers lean toward to reflect on their internal side. Hence, instructors are able to propose choices of provoke to scholars in which each gather of journalists select their favorite theme. (Boroujeni, 2015)

#### **CONCLUSION**

Although the introvert are able to show the better performance in essay writing, In other side. both the extrovert and introvert personality types each have different characteristics, ways of thinking, behavior, and ways of interacting with their surroundings, so it can be seen that the personality type one has plays a role in how a person interacts with his environment, including in social acceptance.

The findings can offer assistance extrovert person learners to progress their inspiration and improve their execution in composing through realizing their identity sorts and their trouble in several subsets of composing. Recognizing extroverts' trouble in producing ideas in confinement, composing instructors ought to endeavor to supply openings for them to examine the subject some time recently starting to type in.

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