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# Resisting the tobacco fatwa: Strengthening the networking with Indonesian Muslim communities

*by AlgristianHafid*

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ABSTRACT BOOK



# TID

Tobacco Induced Diseases





## Aims and Scope

Tobacco Induced Diseases encompasses all aspects of research related to the prevention and control of tobacco use at a global level. Preventing diseases attributable to tobacco is only one aspect of the journal, whose overall scope is to provide a forum for the publication of research articles that can contribute to reducing the burden of tobacco induced diseases globally. To address this epidemic we believe that there must be an avenue for the publication of research/policy activities on tobacco control initiatives that may be very important at a regional and national level. This approach provides a very important "hands on" service to the tobacco control community at a global scale - as common problems have common solutions. Hence, we see ourselves as "connectors" within this global community.

The journal hence encourages the submission of articles from all medical, biological and psychosocial disciplines, ranging from medical and dental clinicians, through health professionals to basic biomedical and clinical scientists.



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## TABLE OF CONTENTS

<b>STRENGTHENING REGIONAL AND GLOBAL NETWORKS.....</b>	<b>12</b>
Building a model of tobacco control advocacy in the e-learning program: Thailand experience.....	12
Assessing compliance to smoke-free legislation in Kuala Lumpur.....	12
Leveraging to get tobacco control on development agendas in the Pacific Islands.....	12
Networking with rural NGOs for strengthening tobacco control programme at the grassroots level.....	13
Mainstreaming sustainable financing for tobacco control through public budgeting in the Philippines.....	13
The importance of education and health promotion of non-smoking areas on teenagers: A study at north Surabaya area.....	13
Social media: An effective tool for authorized officers to share actions on tobacco control law.....	14
How more than 1000 medical doctors writing for ban on e-cigarettes in India helped.....	14
Voice of Tobacco Victims (VoTV) campaign sensitized more than 21000+ policymakers & enforcers in India on tobacco control in 9 years.....	14
The efficacy of bottom up approach towards 100% smoke free community.....	15
Assessment and projection of burden of cancer due to tobacco in India and its states till 2025.....	15
Tobacco use surveillance among dentists based on WHO- MPOWER strategies.....	16
Educating health risks of tobacco use and smoking cessation technique for physical therapy students: A great start towards tobacco endgame.....	16
Why some dentist still smoke? A qualitative study.....	16
Engaging religious leaders and social influencers for advancing tobacco control and screening among masses visiting Kumbh Mela.....	17
"Smoke-free Run" unites the community to publicize quitting for strength.....	17
Effects of 6 minute walk test and lung function test between smoking and stop smoking in chronic obstruction pulmonary disease patients at Samut Songkhram.....	17
Lesson learnt from the smoking cessation projects supported by the Physical Therapy Network for Smoke Free Thai Society.....	18
Testing the effectiveness of a teacher-training intervention for tobacco-free schools (TFS) in five districts in the state of Maharashtra, India: Results from a quasi-experiential post-only study.....	18
Smoking cessation model among Islamic leaders in Pattani province.....	19
Advocating university undergraduate students on implementing FCTC Article 5.3.....	19
Reduce the tobacco consumption among construction workers by improving the knowledge on tobacco smoking; A community based health promotion approach.....	19
Problem and prospects smoke free public place and public transport: Case of Bangladesh	
Railways - train and rail stations.....	20
Comparing the use of tobacco among fishermen and non-fishermen population of Pondicherry, India.....	20
A survey of visitor satisfaction on the website developed by the Thai Physical Therapy Against Tobacco Network.....	20
Personal data and privacy violation as new argument for the stronger and broader rights-based partnership in tobacco control.....	21
The 5A's model to proactively stop smoking in the community among the Village Health Volunteers, Ubon Ratchathani Province, Thailand.....	21
What to be done to enhance the role of healthy Nusantara team in tobacco control: Lesson from Ayau Islands.....	22
Effective monitoring for enforcement of tobacco control law: Success from Bangladesh.....	22
The effectiveness of implementing "change4health", the health-risk behavior modification programs, among primary care units in Bangkok.....	22
Advocacies creates champions for tobacco control through COTPA implementation & achieving sustainable development goal.....	23
Resisting the tobacco fatwa: Strengthening the networking with Indonesian Muslim communities.....	23
Community sector cooperation to determine Ban Chiang World Heritage non-smoking area.....	24
Student opinion on the teaching of smoking cessation and non-communicable diseases to pharmacy students in ASEAN countries.....	24
Advocacy campaign to achieve 100% tobacco-free (government) schools in Maharashtra state in India.....	24
Integration of tobacco control programme in the government system for effective implementation across the state of Maharashtra.....	25
Local government initiatives for tobacco control in Bangladesh: A case study of Savar municipality.....	25
Tobacco: A killer in loose among tobacco factory workers.....	26
Tobacco Control: A leverage to attain sustainable development goals in the Philippines.....	26
Green tobacco sickness: An understudied disease among tobacco harvesters.....	26
Community based interventions to stop or reduce selling of cigarettes and to reduce smoking in Ipalogama Division, Sri Lanka.....	27
Progress of tobacco control activities in Sri Lanka: A study based on the global youth tobacco surveys.....	27
Communities Against Tobacco (CAT): An important initiative in tobacco control in India.....	28
Surveillance of nicotine toxicity and second handed smoke knowledge opinion and practice among Thai veterinarians.....	28
Local resource mobilization: A sustainable and effective financing for Tobacco Control in Bangladesh.....	28

<b>POLICY, INNOVATIONS &amp; THE END GAME.....</b>	<b>29</b>
Tobacco industry interference against the single stick cigarette sales ban.....	29
Vaping among Western Pacific youth: A threat to public health.....	29
E-cigarettes: Gateway to tobacco addiction among adolescents.....	30
Measuring nicotine in ambient air to support expansion of smoke-free public places in Kiribati.....	30
Packaging design analysis to support standardised packaging in ASEAN.....	30
Graphical health warning on bidi packets in Bangladesh: Current gaps and way forward.....	31
The political economy of tobacco control in Thailand and its impacts on tobacco farmers.....	31
A survey of tobacco prices in Surabaya city, Indonesia.....	31
Deconstructing the tobacco tax reform debate in Indonesia utilizing discourse network analysis.....	32
Impact of tobacco tax increase in 2016 and 2019 in retail prices in Vietnam.....	32
Ability to pay and willingness to pay for insurance from tobacco expenditure among non-members of National Health Insurance in Indonesia, 2019.....	33
Price elasticity estimates of cigarette demand in Vietnam using survey data.....	33
Smoking behavior and its impact on quality of life among social assistance recipient in East Java, Indonesia.....	33
Does increase in tax decrease consumption of tobacco?.....	34
Measuring community support for tobacco tax measures: Results from a community survey on support for increased tobacco taxes in Vietnam.....	34
Economic loss due to diseases caused by smoking in the younger generation in Indonesia.....	34
The effect of legal retail price on legal cigarette demand and illicit trade in Southeast Asia.....	35
Effect of district health board intervention on the restricting tobacco access among youths: A four district study in Thailand.....	35
Envisaging a 'smoke-free' world: An exploratory study of Philip Morris International's strategic positioning in Australia.....	36
Tobacco industry targeting political giants in Sri Lanka: Presidential candidates 2019.....	36
Advocacy to stop tobacco industry interference in Bangladesh.....	36
The influence of tobacco companies, delay in overall tobacco control program.....	37
Tobacco advertisement, sales, product displays, and purchase incentives around kindergartens, primary, and secondary schools in Sri Lanka.....	37
Tobacco industry torpedoed standardized packaging plans in Malaysia.....	38
The influence factors of Thai national tobacco control policy response of the tobacco farmers.....	38
Heated global market trends of tobacco products.....	38
Trends of e-cigarettes and tobacco use among secondary and high school students from Poland over three years observation.....	39
Sociodemographic factors associated with use of various tobacco products among Indonesian women: Finding from Indonesia Demographic and Health Surveys 2017.....	39
Tobacco-product use by youths and young adults in India in 2016 and 2017.....	40
Shisha smoking engagement dynamics of Chinese young adults: A constructivist grounded theory study.....	40
Electronic nicotine delivery system (ENDS): Threats for youth, challenges and way forward.....	40
Trends and factors related smokeless tobacco use among Thai population.....	41
Positive perceptions of heated tobacco products were associated with weaker support for their regulations: A population-based cross-sectional survey in Hong Kong.....	41
Tobacco free government health care facilities: Compliance scenario of a capital/ metropolitan city.....	42
Factors affecting secondhand smoke exposure avoidance behavior of nursing students.....	42
Policy for sustainable, safe and tobacco smoke-free environment.....	42
Prevalence of tobacco consumption among coal mine workers in Neyveli Lignite Corporation, Cuddalore district, Tamil Nadu, India.....	43
Patient perception and compliance to tobacco free hospital: An exploratory innovative approach.....	43
Implementation matters: Assessment of Qingdao's smoke-free legislation on hospitalizations and mortality of cardiovascular diseases.....	44
Realization of 100% smoke-free jail facility through will and drive.....	44
Assessing compliance to tobacco control law: A base line survey in 10 districts of Bangladesh.....	44
Tobacco smoke exposed home in different urban settings in capital city of Bangladesh.....	45
Smoking status in a smoke-free home program, Yogyakarta city.....	45
Tobacco control measures of psychiatric hospitals in Kyoto Prefecture before and after the enforcement of the amended Health Promotion Act.....	46
Step towards tobacco free Chattogram city.....	46
Smoke-free and healthy universities in Thailand.....	46
Actions for a healthy environment and tobacco-free health care facilities at one upazilla in Bangladesh.....	47
Passengers views on smoke-free provisions of Tobacco Control Law in trains and rail stations.....	47
"Tobacco free health care facilities" - will it be only in papers? A query of mass people.....	47
Community participating 'smoke free zones' against secondhand smoking in Sri Lanka; present and future.....	48
The lesson learnt from smoke-free restaurant model in Hoan Kiem, Vietnam.....	48
Myths and realities of profitability of tobacco cultivation in Bangladesh.....	49
Effects of smoking on the performance of the IFMA youth muaythai championships, Bangkok 2018.....	49
Smoking increases risk of recurrent tuberculosis: A qualitative study of Bangladesh.....	49
Prevalence of smokeless tobacco use and oral pre-malignant lesions among heavy load truck	



drivers and general male population in Mumbai, India .....	50
Comparative study of mental and physical health of female small and medium enterprise owners in relation to smoking behavior in Japan and France .....	50
Knowledge and attitude towards electronic cigarettes among university student smokers in Thailand .....	50
Influence of graphical health warnings in process of smoking cessation among adult smokers .....	51
Standard packaging to ensure effective enforcement of graphical health warning on smokeless tobacco products: Current status and gaps in Bangladesh .....	51
Which design is most effective in preventing teenagers from smoking? A survey about cigarette packages among teenagers .....	52
Innovative policies and practices on warning and plain packaging of tobacco products .....	52
ASEAN pictorial health warning best practices: Gaps and challenges .....	52
Role of civil society action committee as a key actor for successfully implementation of bans of Tobacco Advertising, Promotion and Sponsorship (TAPS) under tobacco control laws in the southern coastal areas of Bangladesh .....	53
Monitoring the interferences of tobacco industry and analyzing situation of tobacco advertising, promotion and sponsorship through implementing an online surveillance system to facilitate enforcement of tobacco control laws in Bangladesh .....	53
Japanese tea ceremony masters should stop using smoking chest on serving tea .....	54
The youth's awareness of regulations banning e-cigarette advertising, promotion, sponsorship and their use in educational buildings .....	54
"Keep calm, it's just vapour": A content analysis of vaping related tweets and associated imagery .....	54
IAWER- A systematic approach for monitoring of tobacco advertising, promotion and sponsorship (TAPS) violation at the point of sales in Bangladesh .....	55
Loopholes of total ban of tobacco advertising, promotion and sponsorship in Hong Kong .....	55
Combating tobacco by banning promotional campaign, continue surcharges for protecting public health .....	56
Compliance scenario of tobacco advertisement or promotion and product display provisions at points of sale in Chattogram city .....	56
A new platform taps ban through child friendly cities .....	57
Tobacco Industry's tactics promote cigarette advertisement at point of sale in Hanoi, Vietnam .....	57
Big tobacco, tiny targets in Vietnam .....	57
Tobacco industry and sponsorship in Indonesia: The use of the concept of economic exploitation for challenging Djarum badminton audition .....	58
Spotting e-cigarette and vapes in social media: A continuing problem to tobacco product advertising and marketing control .....	58
Factors related to violations of the tobacco control act B.E. 2560 among tobacco retailers in 4 regions, Thailand .....	59
Investigation on tobacco advertising for tobacco outlets in cities in part of China (2016, 2019) .....	59
Lung diseases and smoking: A systematic analysis of big data in the era of artificial intelligence .....	59
The multi-level factors influencing youth access to tobacco, 4 regions in Thailand .....	60
The first smoking age and smoking cessation age is risk factor in the prevalence of chronic obstruction pulmonary disease .....	60
Self assessment report of upper elementary school students on access to their 1st cigarette at Ban Dung District, Udon Thani Province, 2019 .....	60
Knowledge on oro-dental problems among smokeless tobacco users in an urban area .....	61
The impact of smoking habits on health status related to non-communicable diseases in Indonesia (secondary data analysis of IFLS 4 and 5) .....	61
Socio-demographic profile of smokeless tobacco use in India .....	61
Licensing tobacco vendors in the state of Himachal Pradesh, India: Challenges, opportunities and the way forward to implement the new legislation .....	62
Critical analysis of the tobacco control policies, challenges and opportunities for "Tobacco Endgame" in India .....	62
Enabling security forces as change agents in empowering and mobilizing local communities towards tobacco control .....	63
Comparison of tobacco use in youth between two South Asian countries for last decade: Analysis from nationally representative GYTS survey .....	63
Overview of Tobacco Control Program in Indonesia, 2018 .....	63
Factors affecting compliance intention on Tobacco Product Control Act among tobacco retailers around school of the 5th regional health in Thailand .....	64
In-school tobacco control leadership programme for adolescents: A route to tobacco free generation .....	64
A portrait of public interest between cigarettes & e-cigarettes in Indonesia: Google Trends .....	65
Stopping illicit foreign cigarette business in local area of Bangladesh: 'Sirajganj' is a model district .....	65
An assessment of the deterrence effects of nationwide smoking ban based on the perception of thomasian student-smokers .....	65
Creating smoke free community ensuring smoke free home .....	66
"Model for police enforcement of "The Cigarette And Other Tobacco Product Act" (COTPA) .....	66
Smokeless tobacco consumption and its consequences on oral health status among the elderly women in selected slum areas of Dhaka city .....	67
Tobacco use amongst adolescents and youth in India: Evidence from Global Adult Tobacco Survey-2 (2016-17) .....	67
IAWER technique to Implement TAPS Ban .....	67
Implementation of the tobacco control law: Ensuring 'smoke free environment' in police stations .....	68

Gap analysis on Thailand's regulatory framework vis-à-vis Framework Convention on Tobacco Control towards the policy development on more comprehensive tobacco control measures .....	68
Observational study on reduction in tobacco prevalence: Role of smoke free rules implementation in Kerala .....	68

### **OFFERING HELP TO QUIT TOBACCO AND NICOTINE ADDICTION ..... 69**

A qualitative exploration of Western Australian vapers process of e-cigarette initiation, continuance and cessation .....	69
Preventing cancers through mobile phones - a potential medium for delivering tobacco cessation intervention for college students: A randomized control trail.....	69
Proactive community outreach and active referral approaches to motivate hardcore smokers to use smoking cessation services.....	70
Conformity assessment of Thai Tobacco-Free Healthcare setting standards of 10 public hospitals in Thailand and quit rate.....	70
Effects of the social support-based smoking cessation program (Bacho model) for the successful quitting smoking at Bacho district, Narathiwat province .....	71
Efficacy of low frequency transcutaneous electrical nerve stimulation on smoking cessation .....	71
The implementation of the quit-calendar for public health system under the 'Quit for King' project, Thailand: Phase II .....	71
Chat-based instant messaging support with optional combined interventions for Chinese community smokers in Hong Kong: Preliminary analysis of a sequential, multiple assignment, randomized controlled trial (SMART) .....	72
Helping smokers with non-communicable diseases quit smoking by understanding their risk perception, behavior, and attitudes related to smoking.....	72
Systematic review on outcomes of transdermal nicotine patches aiding smoking cessation among schizophrenic patients.....	73
The case for physical activity as an option in the smoking cessation guidelines: Short and long term benefits beyond expectation from regular exercise.....	73
Serum metalloproteinase and urinary cotinine level in smokeless tobacco chewers .....	73
Engaging rural mothers to identify and decide measures on most influential determinants to reduce tobacco consumption in Sri Lanka .....	74
The analysis of mortality age between smoker and non-smoker male patients from the point of the prevalence COPD and malignant tumor .....	74
Association of tobacco use and male infertility: An exploratory study in Delhi, India.....	75
Estimation of magnesium carbonate, calcium carbonate and pH of pan masala and smokeless tobacco products .....	75
9 Reasons to stop smoking: A motivation to quit analysis among smokers receiving Thailand National Quitline service .....	76
A two-year study of the effects of secondhand smoke exposure as measured by a urinary cotinine biomarker concurrent with visual oral examination among university dental hygiene students.....	76
Raising awareness on economic burden and health impacts of tobacco smoking to reduce smoking behavior among constructing site workers in Anuradhapura district, Sri Lanka .....	76
Identifying determinants and deciding measures with children to reduce the attraction towards tobacco consumption using community based intervention.....	77
Association between cigarette smoking and metabolic syndrome in the Royal Thai Army Personnel.....	77
Effects of abdominal obesity and smoking on lung function: Preliminary data.....	78
Evaluation of perceptions of tobacco cessation among the individuals attending a tertiary care dental hospital: A mixed methods design .....	78
Design and validation of a picture storybook about secondhand smoke exposure as smoking media literacy for children.....	78
Estimation of toxic metals in smokeless tobacco products .....	79
Initiating a discussion, nourished by health promotion approach, with young adults, in 'Yowunpuraya' national exhibition, Sri Lanka about tobacco smoking .....	79
Selected factors relating to smoking cessation among Buddhist monks with non-communicable diseases .....	79
An evaluation of Thailand smoking cessation service program on clinical outcomes for public policy: Protocol for a multicenter prospective observational study.....	80
Relationship between tobacco craving and quitting smoking using Tobacco Craving Index (TCI) in Japanese smoking cessation therapy .....	80
The performance and crisis of Taiwan Smokers' Helpline in 2019 .....	81
Effectiveness of two methods of tobacco cessation among tuberculosis patients: Visiting directly observed treatment short-course (DOTS) centers in Delhi, India .....	81
Conversations, counselling and change making: The quintessential chain to curb tobacco menace.....	82
The effect of a train-the-pharmacist program for supporting tobacco-nicotine cessation in Japan: A quasi-experimental study.....	82
Cigarette cessation of novices done in the "buddhist scripture school" (Kusonsamakorn Phrapariyattidhamma School) in Bangkok, Thailand .....	82
Effect of health literacy for smoking cessation assistance developing program on smoking cessation assistance abilities among village health volunteers.....	83
The Development of tobacco cessation in public health centers, Health Department, Bangkok Metropolitan Administration.....	83
Effectiveness of 4T (Tanya, Telaah, Tolong nasehati dan Tindak lanjut) for Quit Smoking Rate in patient with Lung Tuberculosis at Persahabatan Hospital (Preliminary study) .....	84

Smoking cessation help for cancer patients: Pilot project "Quitting supports treatment!" in National Institute of Oncology .....	84
Quitline - spice it up! Modern approach to quitline service, example of Poland .....	84
Effect of brief advice plus foot reflexology therapy for smoking cessation in Thailand .....	85
Effects of brief smoking cessation counseling at one-stop nursing service center .....	85
Characteristics of dual user smokers who called Thailand National Quitline .....	85
Efficacy of a novel program (DUO) for smoking cessation among smokers in Khambon community, Buengkan province .....	86
Pathway to quit: Strategies for smoking cessation in a resource-limited setting, lesson from Thailand .....	86
Tobacco cessation process, systems and services to quit tobacco addiction .....	87
Is tooth stain reduction a motivating factor in nicotine replacement gum therapy among moderately dependent cigarette smokers? An interventional study .....	87
Impact of tobacco cessation clinic based "brief advice" on quitting among patients of a tertiary cardiac care hospital in Bangladesh .....	87
Therapeutic based on community in organization program: TCO .....	88
The success rate of smoking cessation in MSMC COPD clinic patients .....	88
Involving selected Sri Lankan military corps to reduce tobacco consumption within camps: An example for application of health promotion approach .....	89
Trends of smoking cessation status: The implementation of the 5A's smoking cessation model among smokers in Pathum Health Promoting Hospital .....	89
Expectations and satisfaction in the use of the smartphone smoking cessation application, Thai Rai Kwan .....	89
Brief advice combined with nicotine replacement therapy sampling and active referral (BANSAR) for smoking expectant fathers: An interim analysis of an ongoing multicentre, pragmatic randomised controlled trial .....	90
Score level of conformity to Thai tobacco-free healthcare setting standards in view of hospitals and health centers in Thailand .....	90
Exploring perspectives for developing an adaptive chat-based smoking cessation intervention among continuing smokers in Hong Kong: Community-based, qualitative study .....	91
SHadow Under the Lamp (SHUL): Smoking behavior of the health professionals in Pakistan .....	91
The implementation of quit-calendar for public health system under the 'Quit for King' project, Thailand: Phase I .....	92
Correlation between number of cigarettes per day and intention to quit in smokers participate in smoking cessation program .....	92
Combine pharmacotherapy and behavior counseling to quit a heated tobacco product: A case report .....	92
Tobacco cessation services and medications to quit tobacco for NCD patients .....	93
Smoking cessation and glycemic control among type 2 diabetes patients in primary care, Bangkok, Thailand .....	93
Comparative study of 1- year health outcome related smoking among diabetes patients in primary care, Bangkok, Thailand .....	93
How does smoking affect dental implants? .....	94
Assessment of oral health status and nicotine dependency among different types of tobacco abusers: A cross sectional study .....	94
Developing a two-way short message service (2-way SMS) to quit .....	95
Factors related to smoking cessation behavior among smokers attending Raman Hospital's smoking cessation clinic .....	95
The effectiveness of the 5A's Smoking Cessation Model to the amphetamine users who smoking in the Psychosocial Clinic at Sunpasithiprasong Hospital, Ubon Ratchathani, Thailand 2017 .....	95
The cardiovascular disease risk of hypertensive smokers .....	96
Comparison of the distribution and harms of Chronic obstructive pulmonary disease (COPD) between smokers and nonsmokers .....	96
Inactive smokers with prolonged sitting: Life expectancy shortened by 15 years .....	96
<b>CAMPAIGNS, MEDIA &amp; YOUTH IN THE TRANSFORMING WORLD .....</b>	<b>97</b>
Myanmar's first integrated social media campaign engaging millions of people in raising awareness on health risks of smokeless tobacco use .....	97
Results of Myanmar's 2018 second smokeless tobacco mass media campaign "avoid betel chewing so you don't regret your life choices" .....	97
Japan Tobacco's corporate social responsibility activities .....	98
Campaign for demanding action against government funded movie for violating TC law .....	98
Identifying effective community-targeted messages to build support for tobacco tax measures: Formative research to test communication messages in Vietnam .....	98
Experience of China first voice of victim campaign .....	99
Tobacco legislation perception and barriers: A qualitative insight towards tobacco free schools in Delhi, India .....	99
"Fake smoking" among Chinese youth: A no-man's-land between "smoker" and "non-smoker"? .....	100
Involving, engaging and enabling selected group of school adolescents to take the leadership in reducing the attraction towards tobacco usage among students .....	100
Jakarta millennials' perception on smoking cigarette .....	100
The effectiveness of university-based tobacco cessation program on tobacco consumption behavior of university students: A systematic review and meta-analysis .....	101
Using health promotion approach for increasing knowledge on harms of tobacco smoking and deciding actions to reduce tobacco smoking among undergraduates in Rajarata University of Sri Lanka .....	101

Purchase of cigarette, betel nuts and alcohol behaviors as the mediator between the effects of knowledge, attitudes, family communication patterns and parental substance use on the early adolescents' use of substance in Taiwan.....	102
Reach of media advertisements among youth in India and its role in preventing tobacco initiation among them .....	102
Intervention through Facebook for reducing the attractiveness of seasonal promotions of tobacco industry via Facebook: A study conducted with university students .....	102
Artificial intelligence and digital technology: A handy innovation for self screening to detects oral potentially premalignant lesions and oral cancer.....	103
Lungs on the run: 50 million steps towards a tobacco-free Indonesia .....	103
Myanmar Ministries take the lead in facilitating free broadcast of national mass media campaign on the dangers of smokeless tobacco .....	103
The effectiveness of smoking cessation website on knowledge and attitude among coronary artery disease patients: Preliminary results .....	104
Technology solutions help monitor and run youth campaign for tobacco control .....	104
Digitization of monitoring process .....	105
Community driven tobacco surveillance system: Engaging communities to monitor tobacco industry using a mobile app .....	105
Social media campaign for increasing tobacco tax: An advocacy tool for creating awareness and policy influence.....	105
Lesson learned from NoNo Bang-Plama hospital mini-marathon (2019): An effective use of digital platform.....	106
Relationship between Student Team Achievement Division (STAD) and smoking prevention behavior: Planned behavior theory.....	106
Depiction of tobacco in Indian mass media: A content analysis .....	106
Vape proponent behaviour on Twitter: A content analysis of vaping related tweets .....	107
"CSR PROJECT of tobacco companies" - no doubt, it is only "a wolf in sheep's clothing" .....	107
Raising awareness among youths to reduce the positive image and attractiveness towards smoking .....	108
Shisha No Thanks! Co-designing an intervention with young Arabic-speaking adults to raise awareness of the harms of waterpipe smoking .....	108
A unique volunteer force spread mass awareness about health hazards of tobacco .....	109
A government department contributing to a tobacco free generation through 'pledge for life-tobacco free youth' campaign .....	109
Developing leadership among youth and motivating them to work for tobacco control in Maharashtra.....	109
Factors influencing tobacco control practice among the registered nurses who used to attend the nursing student smoke-free Thai society club.....	110
Health assembly of young leaders advocating for children's rights for tobacco free environment .....	110
Tobacco use among adolescents and role of school in influencing this habit.....	111
Empowering university students to take actions to reduce tobacco smoking in Rajarata University of Sri Lanka .....	111
Questionnaire to give information about tobacco to support smoke-free campus.....	111
"Nico-teen free": A study on the compliance of cigarettes and other tobacco products Act (COTPA) section 6(b).....	112
Current situation of tobacco products selling point beside the educational institution: A case study in Dhaka city .....	112
The perception of electronic cigarette use in nursing students .....	113
A school based health promotion intervention to address the smoking behaviors of school children in Walsinghe Harishchandra secondary school, Sri Lanka .....	113
Using health promotion approach for reducing the attractive image on tobacco smoking among university students in Rajarata University of Sri Lanka .....	113
Improving awareness among teenagers about the "harmful effects of tobacco" and industrial strategies used to promote smoking .....	114
Tailor-made programme empowers the youth to sustain pioneering role in disseminating smoke-free messages among peers, family and the community.....	114
Prevalence and correlates of tobacco use among Indian students and their knowledge of, attitudes towards, and perceptions about tobacco use .....	114
The relationship between perception of advantages and disadvantages of electronic cigarette use on frequency of electronic cigarette use among students at University of Indonesia.....	115
Making creative vital contributors over prevention.....	115
Empowering school students to reduce the attractiveness of tobacco use through health promotion principles in Anuradhapura District of Sri Lanka.....	116
Mobile application to establish tobacco-free educational institutes in the district of Puducherry, South-India: A conceptual model.....	116
An anti-tobacco drive during local festivals in Maharashtra .....	116
"Looking at you makes me want to try": Cigarette ads; exposure and students' smoking onset.....	117
Tobacco industries massive marketing: Target university students.....	117
Youth advocacy smoke-free state Islamic University Syarif Hidayatullah, Jakarta .....	118
Edutainment procedure to prevent initiation smoking in teenagers .....	118
Monitoring of tobacco free schools through smart phones.....	118
Capacity building of teachers: A key to success of Tobacco Free School campaign .....	118
Using effective health promotion interventions to reduce attractiveness for tobacco smoking among school students in Sri Lanka .....	119
Media campaign for law enforcers for sustained implementation of tobacco control laws in Delhi .....	119

The impact of presence and dearth of mass media campaigns on waterpipe smoking: A case study .....	120
Mobilizing National Service Scheme (NSS) Volunteers for Tobacco Control in India.....	120
A mobile app based solution for implementing tobacco free educational institutions (ToFEI) guidelines .....	120
Motivating youth to mobilize community to work in tobacco control in Karnataka, India .....	121
Achievement of tobacco free schools in India and its role in preventing tobacco initiation among adolescents .....	121
Tobacco free public transport campaign by youth leaders: Case story of BEST buses in Mumbai .....	122

#### **COVID-19 AND TOBACCO CONTROL .....** **122**

Feasibility, acceptability, and preliminary effectiveness of a text messaging intervention for smoking cessation in Vietnam.....	122
Inhabitants' attitudes towards smoking and their perceptions of smoking cessation campaign in the communities ..	122

#### **GROUNDBREAKING & EMERGING KNOWLEDGE.....** **123**

Tobacco industry's elaborate attempts to control a global track and trace system and fundamentally undermine the protocol to eliminate illicit trade of tobacco products .....	123
Tobacco use among migrant construction workers in Kancheepuram by using GATS India Survey Questionnaire .....	123
Gender-responsive approach in national smoking cessation services for Korean women smokers .....	123
Associations of tobacco use and consumption with rurality among patients with psychiatric disorders .....	124
Effectiveness of a multicomponent strategy for implementing guidelines for treating tobacco use in Vietnam commune health centers .....	124

are indicated. However, the effectiveness of lifestyle modification programs is still not clearly revealed.

#### Objectives

To study the effectiveness of health-risk behavior modification programs, called "Change4Health" on health outcomes.

#### Methods

Health-risk behavior modification programs, called "Change4Health", was developed to change unhealthy habits, using mnemonic, including A-Avoid alcohol, B-Body movement, C-Cessation, D-Diet. Each behavior carries simplified techniques to make them easy to follow. Workshops were held and materials were given to participants. A total of 1815 participants from 20 primary care units in Bangkok were recruited. Modification of health risk behaviors were followed up at 1 and 3 months at the pilot phase. In addition, other outcomes including body weight, waist circumference, blood pressure, Dextrostix and LDL level were recorded.

#### Results

After participating in the "Change4Health" programs, 45%, 47.8%, 11.8% and 15.8 % of participants can stop smoking, changed their eating behavior, doing more exercise and reduce alcoholic consumption, respectively. 31.3% of participants can reduce their body weight. 16.3% was able to cut down their waist circumference. These outcomes were associated with eating behavior, and smoking cessation (p-value < 0.01). Blood pressure decreased by 15.3 %, which was associated with smoking cessation and exercise. Dextrostix decreased by 55.2 %, which was associated with eating behavior. LDL level decreased by 31.5%, and was associated with eating behavior and smoking cessation (p-value < 0.01).

#### Conclusion(s)

Implementing health-risk behavior modification programs, such as, "Change4Health" in the primary care unit settings is effective in promoting health, although smoking cessation and changing diet appeared to be mostly effective.

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### Advocacies creates champions for tobacco control through COTPA implementation & achieving sustainable development goal

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#### Introduction

Maharashtra has 26.6% (2.4 crore) adult population (15+) uses tobacco. In India, 5500 children initiate tobacco use every day and 530 in Maharashtra, only 3% to 4% are able to quit. Maharashtra has about 1.07 lac schools both Government & Private schools. Population 12.5 Crores. Districts: 36. Police Station: 1150. Govt. Primary and Secondary High Schools: 108713 COTPA ACT 2003: The Cigarettes and Other Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply and Distribution) Act (COTPA) 2003 Key Sections: Section 4: Prohibition on smoking in public places, Section 5: Prohibition on direct and indirect advertising, promotion and sponsorship, Section 6 (a): Prohibition on sale of tobacco products to minors, Section 6 (b): Prohibition on sale of tobacco products within 100 yards of educational Institutions, Section 7: Mandatory pictorial health warning on packets.

#### Objectives

Creating awareness & Advocacy to Implement COTPA ACT 2003 by Police Dept. & Education Dept. to make Public places and school campuses tobacco free in Maharashtra.

#### Methods

Necessary orders released by the Police Department in Feb 2018; Awareness about COTPA Act and implementing it will help reduce tobacco burden. Training and sensitization program for the District Police Officers. Training and advocacy for Police Academy's & Police Training Centre's. Regular & sustainable Challans/fine at the prominent places including around schools and public places in the districts by Police.

#### Results

Numbers of Police Stations activated for taking actions were 315/408. Total of 3238 Police Officers were trained till July 2019. No. of Challans in activated districts: 21785 till July 2019. Print Media Story released on training & Challan action 282 till August 2019.

#### Conclusion(s)

Strategic advocacy & sensitization program to the police officers for enforcing the COTPA Law will reduce the prevalence of tobacco usage in the District / State and as well as in the country.

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### Resisting the tobacco fatwa: Strengthening the networking with Indonesian Muslim communities

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#### Introduction

It has long been known that some Muslim scholars in Indonesia provided fatwas to allow smoking. This fatwa was taken for granted as one of excuse that the Indonesian Government not to be strict with the cigarette industry. This fatwa was not responded positively by some of another scholar, but their voices were rarely heard.

#### Objectives

This study aims to analyze the attitudes and behavior of Muslim scholars on tobacco counter issues as a background for making a distinct review of the fatwa.

#### Methods

The population was representative of several Islamic boarding schools (IBS) in East Java Province, which is the basis of Nahdlatul Ulama, one of the largest Muslim organizations in Indonesia. The research consisted of four steps. The first step was conducting mini-seminars to collect a multicultural perspective on tobacco issues including fatwas. The second step was conducting joint in-house seminars with speakers from the highest clerics of two large IBS in East Java (IBS Tebuireng, Jombang, and IBS Lirboyo, Kediri), as a role model for young clerics in smaller IBS. The third step was creating a focused group discussion with young clerics as well as snowballing the tobacco issues at smaller IBS. The last step was to carry out an anonymous survey to measure the impact of the

counter issues.

#### Results

The overall result was succeeded to conduct a multifactorial analysis and create a predictive formula to assess the level of resistance of the Muslim community to the fatwa on smoking, to look the possibility to make a distinct review of the fatwa.

#### Conclusion(s)

This research is able to provide a snowball effect on fatwas on cigarettes, thus to ring the bell of the Indonesian Government that the fatwa should be reviewed by involving larger Muslim scholars with the most updated information about tobacco and the most ethical manner.

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### Community sector cooperation to determine Ban Chiang World Heritage non-smoking area

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#### Introduction

Smoking is still on the rise, Tobacco Products Control Act B.E. 2560 was enacted. It aims to reduce smoker, especially the new coming smoker, teenager.

#### Objectives

This research aimed to investigate Ban Chiang World Heritage non-smoking areas with cooperation from stakeholders in community including social sector, local sector, and academic supports from governmental sector.

#### Methods

Participatory action research (PAR) is applied to create perceptions among stakeholders through seminar, public hearing, public media, and community media.

#### Results

The results shown that, non-smoking areas needed community's knowledge set and academic supports from governmental sector including of a social capital in community, community culture, problems and obstacles, awareness, community consciousness, beliefs and disciplines in community, and state of knowledge about tobacco control. When knowledge set was identified, perception of social sector was created including networks in community, community committees, entrepreneurs, volunteers in community, and community organizations in order to determine roles and responsibilities among stakeholders. Stakeholders from various sector, thus, were invited to participate in public hearing about public policy that issued by local sector in order to regulate communities as the World Heritage non-smoking areas. Determinants indicated the World Heritage non-smoking areas consisted of community leaders, local leaders, community committees, monks, teachers who quitted smoking, shop owners who stopped tobacco purchasing, schools in communities that conducted anti-smoking activity and had knowledge on tobacco's impacts inserted in learning activity, police station, Bank for Agriculture and Agricultural Cooperatives, sub-district health promotion hospital, the Ban Chiang World Heritage museum, sub-district municipality, community market, and public park.

#### Conclusion(s)

These areas were clarified as the non-smoking area under regulations issued by local sector. Cooperation among stakeholders would provide development and the community seek common patterns and practices to address problems with ongoing activities on the Ban

Chiang World Heritage tourism areas until it became sustainable non-smoking areas.

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### Student opinion on the teaching of smoking cessation and non-communicable diseases to pharmacy students in ASEAN countries

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#### Introduction

Smoking is a global health concern and smoking cessation program incorporated into pharmacy education will enable future pharmacists to contribute to public health.

#### Objectives

This study aimed to evaluate pharmacy students' opinions of teaching in smoking cessation and chronic non-communicable diseases (NCDs). Its aim was also to analyze relationships between teaching methods and educational outcomes.

#### Methods

The study consisted of an online survey on final year pharmacy students from 19 Faculties of pharmacy/pharmaceutical science of six ASEAN countries. Two online questionnaires were developed: Thai and English. The Thai version was validated (Cronbach's alpha = 0.958). The Thai version was translated into English.

#### Results

Of the 370 students included in the study, 275 were from Thailand and 95 were from 3 other countries. Thai students were most highly satisfied with their knowledge on the topics and their skills in using screening tools for smoking cessation and NCDs. Non-Thai students were most satisfied with their knowledge on smoking cessation and their skills in counseling smokers and selecting the right medicine while for NCDs was with their knowledge on the topic and their skills to interpret laboratory results. Attitudes of Thai students were highest in inspiration for smoking cessation and enjoyment in studying NCDs. For non-Thai students was enjoying the topic of smoking cessation and pharmaceutical care. Study outcomes for smoking cessation and NCDs of Thai students were significantly related to teaching methods, assessments and practice but for non-Thai students, study outcomes for smoking cessation were significantly related to teaching methods and practice but not so for the NCDs topics.

#### Conclusion(s)

Educational outcomes for smoking cessation can be explained by teaching methods, assessments, and practicums for both Thai and ASEAN students. Further research in professional education collaboration among countries should be encouraged.

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### Advocacy campaign to achieve 100% tobacco-free (government) schools in Maharashtra state in India

Rajashree Kadam<sup>1</sup>, Deepak Patil<sup>1</sup>, Nilesh Chatterjee<sup>1</sup>

# Resisting the tobacco fatwa: Strengthening the networking with Indonesian Muslim communities

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